

The
CAs
Collab



JANUARY 2022

ISSUE 1 OF 2022



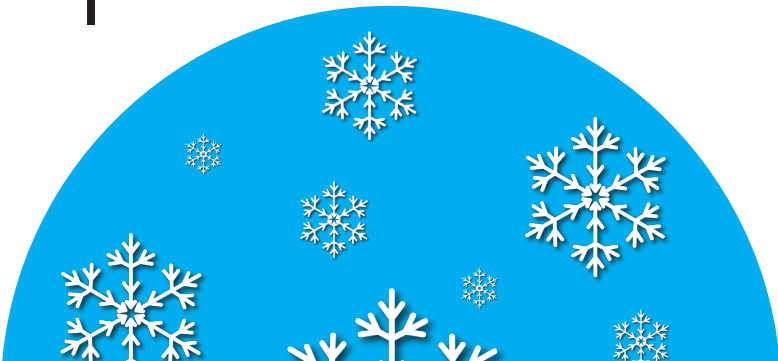
OUR PLATFORMS



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ANNOUNCEMENTS/HOLIDAYS

Martin Luther King Jr. Day

Take time to honor one of the most prominent activists who fought for equality and civil rights.



Proof of Vaccination for Eating Out

Heads up Philly! Regardless of how you feel about it, all food establishments will be requiring proof of vaccination for COVID beginning January 3, 2022 as per The Philadelphia Dept. of Public Health. Learn more at phila.gov.

Linktree

We have our own linktree! Linktree is a webpage that allows us to house all of our platforms! The links to our website and social media are all on one simple page! Visit https://linktr.ee/CAS_Resources to view our linktree page or use your phone's camera to scan the QR code below!



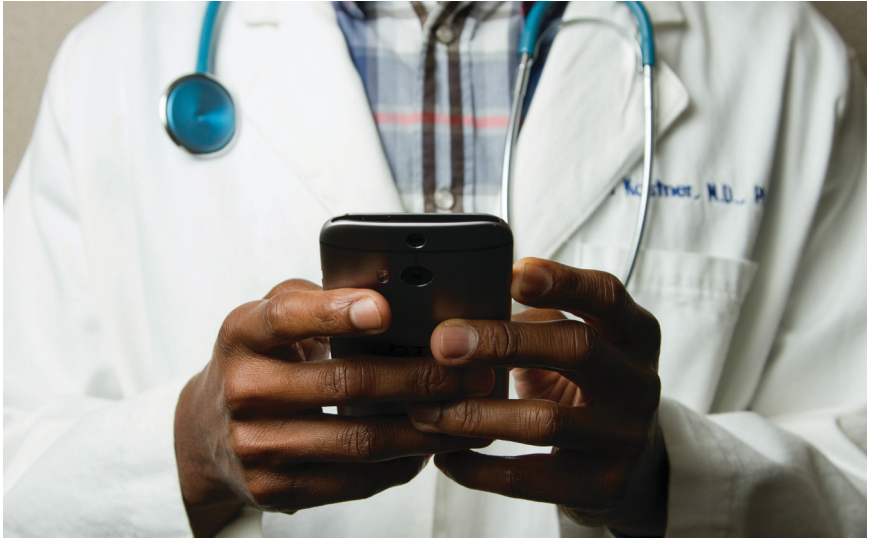
BEGINNING **JANUARY 3, 2022**

Any establishment in Philadelphia that sells food or drink for consumption onsite will require all patrons and staff to be fully vaccinated against COVID-19.

#VaxUpPhilly



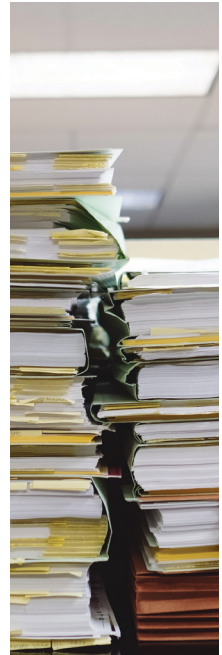
NEW YEAR, SAME PRIVACY



As you'll hear numerous times over the next few weeks, it's a new year! Like always, a new year can mean a fresh start. Some things however shouldn't change. Our privacy should always be intact and upheld.

As a leading resource center and licensed medical facility, CAS is dedicated to protecting the information of our patients as well as preventing the

inappropriate and/or unauthorized disclosure of said information. Such actions are in compliance with all federal, state, and local laws pertaining to consumer/client (patient) confidentiality. Patients are always provided with information on the legal requirements of confidentiality, as mandated by state and federal law and clearly informed of our policy.



Our policy is that CAS maintains the confidentiality and security of records in compliance with the Health Insurance Portability and Accountability Act (HIPPA), the Gramm-Leach-Bliley Act (GLBA) and other federal and state laws. These laws pertain to the security and privacy of personal, medical, and financial information and require that data such as birthdates and social security numbers is used only for their intended purpose(s).

HIPPA Protection

The Health Insurance Portability and Accountability Act (HIPPA) protects all medical records and other individually identifiable health information used or disclosed in any form, whether

electronically, on paper or orally.

GLBA Protection

The Gramm-Leach Bliley Act (GLBA) protects private, non-public, information of individuals. Private, non-public information consists of information such as name, Social Security Number, date and location of birth, gender, credit card numbers and driver's license numbers.





NEW YEAR, NEW CAREER

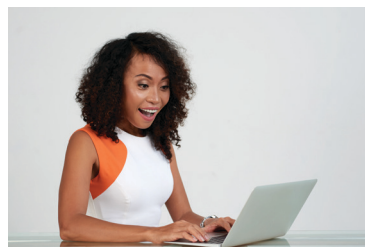
Don't miss the CAS Opportunity of getting paid \$20 an hour! YES, \$20 an hour! We're working toward creating a new training program and position that'll benefit patients & caregivers alike.

Are you taking care of a loved one as a PCA or HHA? Continue doing what you love with a new set of skills. Get paid \$20 an hour by becoming a Residential Support Specialist. You don't have to leave your agency! Learn from the leading resource center in your community.

A Residential Support Specialist (RS Specialist) is an active Personal Care provider of Home Care services. The RS Specialist is someone who has been professionally trained to identify any and all barriers that a person receiving

home and community-based services may encounter. The RS Specialist is compensated at a much higher wage due to their education on how to apply for assistance for the person they are caring for as well as other members in the community. They are tasked with identifying and when possible providing support when a unique need or a barrier has to be met.

Providing resources to communities around us includes offering competitive wages for new opportunities. Preserving your career and livelihood matters. CAS is here to support you. Check casresources.org for continued updates.





NEW YEAR, NO COVID

As much as we wish it, COVID-19 won't magically go away. We continue to see spikes and declines in cases as well as new variants. Although we won't have a fresh start in terms of COVID-19 we will continue having the goal of eradicating it as much as possible. Everyone should work together toward the goal of "no COVID" by the end of 2022. Everyone's tired of hearing about it, but there are still many unvaccinated

and un-boosted individuals as well as poor mask wearing, distancing, and hand washing. CAS is devoted to ensuring that we're sharing as much information (correct information) as much as possible especially to vulnerable populations. We continue to encourage vaccinations and other actions that will help stop the spread of the virus. Everyone should continue their vigilance by staying up to date with the CDC.



JANUARY IS GLAUCOMA AWARENESS MONTH

Glaucoma is a leading cause of vision loss and blindness in the United States. Glaucoma has no early symptoms — that’s why half of people with glaucoma don’t know they have it.

The only way to find out if you have glaucoma is to get a comprehensive dilated eye exam. There’s no cure for glaucoma, but early treatment can often stop the damage and protect your vision.

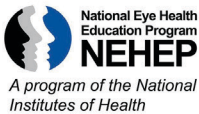
Anyone can get glaucoma, but those at higher risk include:

- Everyone over age 60, especially Hispanics/Latinos
- African Americans over age 40
- People with a family history of glaucoma

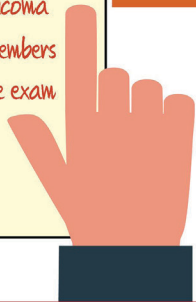
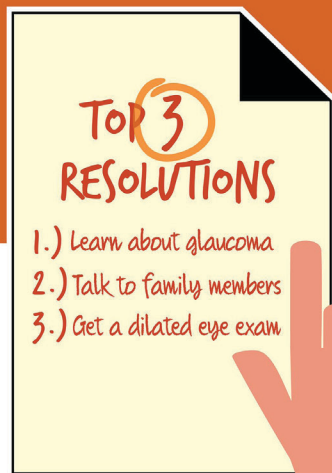
Source: nei.nih.gov

**Start the
New Year
Right.**

**Know your risk
for glaucoma.**



www.nei.nih.gov/glaucoma



WINTER RIDDLES

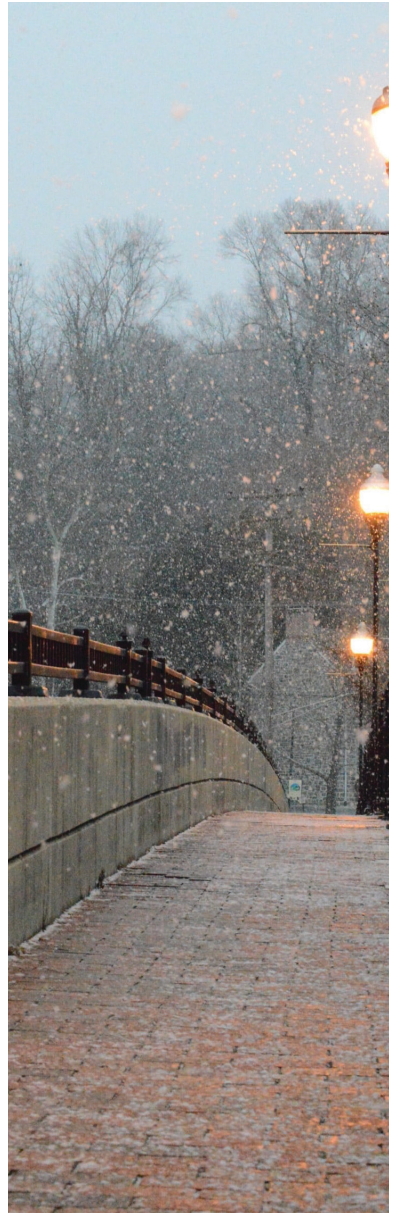
1. You can find me in abundance in Greenland, in a box, in a sweet treat but you'll never ever find me in an oven.
What am I?

2. I am a dreamlike fairyland but I can be horrific to many when I cover the land with ice. What am I?

3. What kind of crystals don't break when they hit the ground?

4. At Chinese New Year celebrations I breathe fire, dance and run amuck
With a few men to guide my steps
My presence brings good fortune and luck. What am I?

5. This can be found working inside some homes during the winter months
But can you work out its name?
Surrounded by a mantelpiece
It has logs that are aflame



Answer key: 1. ice | 2. winter | 3. Snow, because they are ice crystals | 4. A dragon | 5. A fireplace

JANUARY SCRAMBLED WORDS

1. niterw -----> -----
2. ewn ayer -----> -----
3. 0222 -----> -----
4. IOVCD -----> -----
5. ksroewirf -----> -----
6. ndrisk -----> -----
7. tnoiceblera -----> -----
8. tjkcae -----> -----
9. acooc -----> -----
10. aauyjrj -----> -----
11. dslniedg -----> -----
12. zblraizd -----> -----
13. mrnait ltruh gnk jr -----> -----
14. quteilya -----> -----

Answer key: 1. winter | 2. new year | 3. 2022 | 4. COVID | 5. fireworks | 6. drinks | 7. celebration | 8. jacket | 9. cocoa | 10. January | 11. sledding | 12. blizzard | 13. martin luther king jr | 14. equality



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CAS Home Health Care, Inc is an equal opportunity employer, service provider, and organization.