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OUR PLATFORMS



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ANNOUNCEMENTS/HOLIDAYS

4th of July

Happy Independence Day! As a historic city, Philadelphia always has so much going on to celebrate patriotism! Read along to find out!



Vacation Reminder

As the summer approaches and vacation plans are being made, please be aware that you and/or your consumer should remember to notify the office so that we can support your clocking in/out while you and your consumer are away from their home.



We're Hiring!

Providing resources also means providing promising career opportunities! Visit casresources. org/job-listings or scan the QR code below to apply online for your new career today!





Free COVID Tests

Don't forget that free at-home COVID tests are available to order online at www.covid.gov/tests or to pick up at a local pharmacy through your insurance for free or reimbursement.



SERVICE DELIVERY & CONSUMER/CLIENT CARE: SERVICE AGREEMENT

Ever wonder what goes into the process of initiating home care and/or home health care services? A very important step in that process is the service agreement.

CAS Home Health Care & Home Care Agency enters into a service agreement with the consumer/client/client's representative before the initiation of any home care services to the consumer/client. The purpose of this policy is to clearly define the service(s) to be provided and the terms and conditions for receiving service(s) in a written agreement/contract.

When an individual is accepted for service, a written Service Agreement shall be signed and dated by the consumer/client/client's representative and the Agency. A copy of the signed agreement shall be given to the consumer/client and the original copy of the signed agreement shall be maintained in the consumer/client's file at the Agency's office (Intake Coordinator).

The written Service Agreement may include, but not be limited to, the following items, which may be located in the agreement body, in supporting statements, in documents or in attachments:

- a. street address and mailing address of the Agency;
- b. consumer/client/client's representative's consent to receive services, authorized by signing the Service Agreement;
- c. date of the request/referral for service;
- d. a description of, the frequency and the duration (if known) of the services to be provided;
- e. date services shall commence;
- f. rights and responsibilities of the consumer/client;
- g. procedure and contact numbers for contacting the Director of Nursing (DON), Assistant Director of Nursing (ADON) or designee during all hours wherein services are provided;

SERVICE DELIVERY & CONSUMER/CLIENT CARE: ON-CALL SERVICES

CAS Home Health Care & CAS Home Care has established that the Agency shall have qualified and competent on call Agency Representatives available to accept and respond to incoming calls for assistance with the service/care needs of its clients/potential clients. On-call services strive to always meet consumers/clients' service and care needs during office closures, on-call staffing schedule shall be developed. On-call support shall be available 24-7 during all periods the Agency office is closed including weekdays, weekends, and statutory holidays. Personnel will be assigned to on-call duty on a rotational basis: On-call support shall be provided for:

- 1. Administrative support from a member of the Management Team;
- 2. Clinical Support by a Registered Nurse;
- 3. Personal Care Support by a Direct Care Worker.

The purpose of this policy is to establish an on-call system, which provides access to Agency Representative(s) when the Agency office is closed to ensure: client services and care can be adequately supported. In addition, to ensure that effective responses and resolutions can e provided to urgent matters; and a consistent approach is established for managing on-call and call-out services.





THE WAWA WELCOME AMERICA CELEBRATION FOR THE 4TH OF JULY

One of the largest free festivals in the country for the 4th of July, The Wawa Welcome America celebration, returns this year!

A Well

What Is It?

Wawa Welcome America offers residents and visitors alike sixteen days of free, familyfriendly programming across the city, with a focus on arts, culture, diversity, education, wellness, history, and performance. Festival attendees can enjoy free concerts, fireworks, complimentary museum access, Wawa Hoagie Day, and more!

The Party on the Parkway is back and the entertainment is non-stop! Get ready to be wowed with two performance stages – Pennsylvania Lottery Groove Stage and the Rumba 106.1 Dance Party. Enjoy a day-long party jam packed with entertainment, games, food trucks, giveaways and more! Kids can enjoy fun games and activities at the PECO Kids Zone! There will also be a book giveaway courtesy of Books in Homes USA. The festival culminates with a star-studded concert back on the Parkway, featuring performances by award-winning singer/songwriter Jason Derulo, multiple-platinum selling popstar Ava Max, and Grammy nominated singer & song writer Tori Kelly followed by a breathtaking fireworks display. While fireworks light up the sky, DJ Ghost and Q102 will light up the airwaves









with a DJ set fully synced to 4th of July Fireworks display. Concert and Fireworks televised live on NBC10 & TeleXitos on Monday, July 4 at 7:00 p.m. The tradition of July 4th fireworks returns to the iconic Benjamin Franklin Parkway. Beginning at 8 p.m., guests are welcome to gather from Eakins Oval to Logan

Circle to enjoy this rousing and patriotic festival grand finale. Visit welcomeamerica. com to learn more.



HOME CARE VS NURSING HOMES

Generally, people know more about nursing homes than they do home care and home health care. Often, nursing homes are seen in a negative context and even home care can be as well. These topics come up around the difficult conversation about worrying about how your parents or grandparents will continue to function normally from day to day. It's only natural that people's physical and/or mental abilities change with age. In other instances, people living with a physical disability could also require home care or assisted living services. Taking time to understand your loved one's health status, as well as their preferences, can help you make an informed choice when it comes to care options.

Home Care

The biggest advantage of home care is that it allows a loved one live in the comfort of their own home. This allows them to remain with family and/or enjoy their own privacy. Home care is when an officiated caregiver is assisting with activities of daily living such as general housekeeping, hygiene, meal preparation, companion care, etc. The caregiver can be a family member, friend, neighbor, or someone else; all of whom are overseen by a home care agency. In-home care options range from a few hours per week to 24/7 care. Home care allows for more one-on-one attention attention with customized care options which helps a personalized experience. In addition, patients are able

If you think home care might be an option for your loved one, we'd be happy to discuss your loved one's needs during a free in-home care consultation.



to choose their caregiver and make changes as services are provided. Another advantage of home care, arguably most important, is that it encourages independence. If patients require limited assistance with specific tasks, a move to a nursing home could force them to give up their cherished independence sooner than necessary which could be a shocking and disorienting experience.

Nursing Homes

A nursing home, also referred to as a Skilled Nursing Facility, is a long-term care services facility that provides housing to your loved one, in addition to housekeeping and nursing services. They usually offer around-the-clock medical care for consistent support. Nursing homes offer residents outdoor spaces, visiting rooms, dining

facilities, and recreation spaces to make residential life more enjoyable. Majority, if not all, of these spaces are shared, however. Depending on your loved one, this may be a pro or a con. Assisted living facilities tend to be more expensive especially when amenities that may not be need could be included.

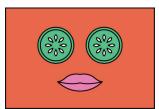
Ultimately, depending on your loved one's needs, an assisted living facility may be favorable or vice versa. Typically, however, home care has become the more popular option due to its numerous advantages. Through CAS Home Care Agency & CAS Home Health Care, CAS Resources is committed to transparency and personalization to ensure that families' needs are met whether with us or somewhere else.



SELF-CARE DAY

Around the world, July 24th is celebrated as International Self-Care Day. It provides a focus to raise awareness around healthy lifestyle habits and purposefully taking time to support your mental, emotional, and physical health. It's important because it breaks you away from the pressure and hectic pace of keeping up with responsibilities. If you or someone you know lives with a disability, working towards maintaining and improving your mental health helps build confidence, relieves stress, and lays a foundation for overall wellness.









What does "self-care" mean to you? It can mean checking in with yourself to notice how you're feeling, connecting more with others, or getting much need sleep no matter how little.

Learn more at selfcare.com





Your all-in-one personalized solution.

What is CAS Resources?

CAS has created a platform that connects community residents to resources and services that they may not have access to on their own.

How Can It Help You?

Utility Bills & Financial Support Access

Get help with living expenses. Government benefit programs can help people with a low income cover basic expenses like food, housing, and healthcare.

Food Fit Program (Food Security & Nutrition)

CAS assits with weekly local food distributions. We can also assist with government programs like SNAP, other food banks, community fridges, and other services that can supplement your sources of goods.

Community Outreach & Referral Services

CAS can immediately connect you to local services in your community whether they're vendors, city or state events/programs, our partner agencies and more.

And much more...!

Apply for FREE at casresources.org/resource-center

Call us today at 215-831-8008



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