



AUGUST 2022

ISSUE 8 OF 2022



OUR PLATFORMS



The
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ANNOUNCEMENTS/HOLIDAYS

Resource Fair

Thank you for coming out to our Pop-Up Resource Fair on July 23rd! We're thankful we're able to help neighbors in need! If you missed our event, be sure to visit our website casresources.org, follow our social media, or give us a call at 215-831-8008 to learn more.

**Thank You
For Coming
Out!**

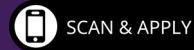


**POP-UP
RESOURCE FAIR**
JOBS | FOOD | RESOURCES



We're Hiring!

Providing resources also means providing promising career opportunities! Visit casresources.org/job-listings or scan the QR code below to apply online for your new career today!



Late Documentation

The Finance Dept will no longer be applying LATE flow sheets & clinical notes to the same pay period. Documents are considered late if they are received after 5 pm on Mondays. ALL late submissions will be paid 2 weeks after the originally scheduled pay date.

CAS Home Health Care, Inc.
1208 Lister Avenue
Pottsville, PA 19312 Phone: (215) 831-8008 Fax: (215) 831-3011
NURSE'S CLINICAL NOTE

see Name: _____ Medical Record Number: _____

NEURSENG ASSESSMENT PROBLEM (+) NO PROBLEM (-)

Neurological	Cardiovascular	Neurological
Musculoskeletal	Genitourinary	Musculoskeletal
Psych/Social	Other Health Related Factors	

History: _____
 Edema (R): _____
 Edema (L): _____
 Blood Sugar: _____
 LBM: _____

Temperature (in condition) (one where reported): _____
 Tachypnea: _____
 Bradypnea: _____
 Abnormal Girth: _____
 Wt: _____

SKILLED SERVICES PROVIDED
 _____ Task/Adm. Task Feeding _____ Task/Adm. Perit A Cath Care

Skilled Observation _____

Monkeypox

What You Need to Know:
 CDC is tracking an outbreak of monkeypox that has spread across several countries that don't normally report monkeypox, including the United States. Learn about the signs at cdc.gov.



COMMUNICATING WITH PEOPLE WITH DISABILITIES

CAS Home Health Care is committed to promoting effective, respectful, and courteous interactions with consumers/families/other persons by providing measures to enable its staff to communicate more effectively with people with various disabilities, in keeping with the principles of dignity, independence, integration, and equal opportunity. The purpose of our policy is to provide guidelines for staff to communicate effectively and respectfully with consumers, families, co-caregivers and individuals in the community-at-large, who have communication challenges.

Communication Assistant - A Communication Assistant is someone who interprets a person's impaired speech or assists a person, who uses a communication display or device

Language Interpreter - A Language Interpreter is a person who provides an oral translation between speakers who speak different languages

Sign Language Interpreter - A Sign Language Interpreter is a person trained in translating between a spoken and a signed language i.e. Someone interprets what is being said and signs it for another individual who can't hear, but does understand sign.

Deaf-blindness - An individual who is deaf-blind is one who has a combined loss of vision and hearing. Neither their vision nor their hearing can be used as a primary source of accessing information.

Intervener - An Intervener is a person who acts as the eyes and ears of a person with deaf-blindness. The Intervener mediates between the person who is deaf-blind and his/her environment to enable him/her to communicate effectively with, and receive non-distorted information from, the surrounding world.

Intervention - Intervention is the process which allows an individual, who is deaf-blind, to receive non-distorted information, which enables him/her to interact with their environment.

Captioner - A Captioner is a person who writes or types what is being said.

We continuously develop and apply communication practices to accommodate in-person meetings, telephone conversations, voicemail message, written correspondence, posted mail and digital contact, including email and text. Our office maintains a staff inventory and/or community listing of communication assistant, language interpreters, sign language interpreters, and interveners. It is our priority that whenever possible, a caregiver, who speaks the same language as a consumer/family shall be assigned to delivery services.

When consumers undergo their initial assessment, the DON/ADON shall inquire about the consumer's/family's preferred communication method. The Supervisor/Registered Nurse shall determine how the consumer/family wants to communicate with our agency on the phone, to use email or fax, or other written information to be presented. They shall also determine if notes need to be taken and whether or not the consumer has a formal decision-making agreement in place (e.g., Power of Attorney) that specifies the individual(s) who can assist the consumer to make decisions and/or make decisions on the consumer's behalf.

When using terminology, be selective and use words such as "disability" or "disabled" as opposed to using "handicap" or "handicapped". Put people first by using words that reflect individuality, equality or dignity; and, say a "person with a disability" instead of saying a "disabled person".

What's the Difference?

"The difference between the perspectives essentially boils down to personhood and disability: is it something that you have, or something that's at the core of your identity?"

-JR Thorpe, for Bustle





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The School District of Philadelphia's Back-to-School Bus Tour is returning this August to Philly neighborhoods! Get the information you need to start the school year off strong and #RingTheBellPHL on the first day of school, August 29!

- Get essential Back-to-School info
- FREE backpack & school supplies
- FREE immunizations at select tour stops. Pre-register here
- Register for PreKindergarten – 12th grade
- Sign up for a Parent Portal account
- AND MORE!

Mega-Events

Friday, August 5 | 10am-2pm

Northeast High School Sports Complex | 1601 Cottman Ave. (use Glendale Ave. entrance)

Wednesday, August 10 | 10am-2pm

South Philadelphia Supersite, 1166 Bigler St.

Tuesday, August 16 | 10am-2pm

Edison High School Fields, 151 W. Luzerne St. (use Hunting Park Ave. entrance)

DON'T WAIT...SET THE DATE & VACCINATE!

Is Your Child Ready for School?

Guide to School District of Philadelphia Immunization Requirements

Your child must be up to date with their immunizations in order to attend school in Philadelphia. Check with your doctor to make sure your child has the following immunizations for their grade level.

FOR ATTENDANCE IN ALL GRADES (K - 12)



***Diphtheria, Tetanus, & acellular Pertussis (DTap)** 5 doses
****Polio (IPV)** 4 doses
Measles, Mumps, and Rubella (MMR) 2 doses
Hepatitis B (HepB) 3 doses
Varicella (VZV) 2 doses

FOR ATTENDANCE IN 7TH GRADE



Tetanus, Diphtheria, & acellular Pertussis (Tdap) 1 dose
Meningococcal Conjugate (MCV4) 1 dose

FOR ATTENDANCE IN 12TH GRADE



*****Meningococcal Conjugate (MCV4)** 2 doses

*DTap - Fifth dose is not needed if DTaP #4 was given after the 4th birthday
**Polio - Fourth dose is not needed if Polio #3 was given after 4th birthday
***MCV4 - Second dose is not needed if MCV4 #1 was given after 16th birthday

THINGS TO KNOW

- Proof of vaccinations, a medical certificate, or an exemption form must be provided to your student's school no later than the first day of attendance. Exemptions include: medical reasons, religious belief, or philosophical/strong moral or ethical conviction. A student who is exempt may not be able to attend school during an outbreak of vaccine-preventable disease.
- Students who do not have proof of all vaccinations, a medical certificate, or an exemption form will not be able to attend school.
- For more information on vaccine requirements or how to pursue an exemption, contact your school nurse, visit philasd.org/vax or call (215) 400-5VAX. Immunizations are also available at Philadelphia city health centers.



SCHOOL STARTS MONDAY AUGUST 29th!

Visit www.philasd.org/ringthebell to stay up to date with information, updates, and resources that will continually be added.



LET'S TALK DIABETES

Although it's not American Diabetes Month, it's a chronic disease that affects millions of Americans year round so it should still be discussed throughout the year.

What is it?

Diabetes is a disease caused by the body's inability to make enough insulin or use it properly. When we eat, our body releases glucose (sugar) which signals the pancreas to release insulin to convert to energy to be used by the body. There are multiple types of diabetes including Type 1, Type 2, gestational diabetes and pre-diabetes. Type 1 diabetes is usually seen in younger adults or children and the body makes little to no insulin with no known cause. Type 2 diabetes develops over time and is usually caused by a sedentary lifestyle such as lack of exercise and an unhealthy diet. Gestational diabetes occurs in pregnant women and resolves after giving birth. Pre-diabetes is when your blood sugar levels are elevated but not high enough to be diagnosed with diabetes.

Some signs and symptoms of a high blood sugar are fruity smelling breath, frequent urination, increased thirst and blurred vision. On the contrary, signs of hypoglycemia include sweats, confusion, fatigue and shakiness. While diabetes cannot be cured, it can be managed with diet, weight loss, medications and insulin. Visit casresources.org/diabetes to learn more.

NATIONAL MINORITY DONOR MONTH

National Minority Donor Awareness Month is a collaborative initiative of the National (Organ, Eye and Tissue Donation) Multicultural Action Group (NMAG) to save and improve the quality of life of diverse communities by creating a positive culture for organ, eye, and tissue donation. National Minority Donor Awareness Month* stems from National Minority Donor Awareness Week, founded in 1996 by the National Minority Organ Tissue Transplant Education Program (MOTTEP), to bring heightened awareness to donation and transplantation in multicultural communities – focusing primarily on African American, Hispanic, Asian/Pacific Islander and Native American communities.



Why Is It Important?

Multiple health conditions like diabetes, high blood pressure and kidney disease as well barriers to care disproportionately affect African American families and communities. It leads to the need for transplant when people don't receive the preventative care and early treatment they need. Disease prevention and access to care is critical. Hispanics also are disproportionately represented on the waiting list due to high rates of diabetes, liver disease, kidney failure and heart disease that can lead to organ failure. For every individual who doesn't speak fluent English: The unfortunate reality is that language barriers often affect access to the health care and health information that everyone deserves. Too many people reach the point that they require an organ transplant. The more people who are willing to say yes and register as organ and tissue donors, the more we can increase the chances that we can save the lives of those waiting for transplants. Ultimately, through disease prevention and donation, the goal is to eliminate the waiting list—at a minimum, deaths on the list for lack of an available organ donation in time.

Source: giftofhope.org

BLACK BUSINESS MONTH

2022 Statistics and Growth

134,567

Number of Black-owned employer businesses in the U.S. in 2019

3,115,000

Nonemployer businesses with Black owners in 2019

1.2 MILLION

Number of self-employed Black entrepreneurs in the U.S. in 2022

28 PERCENT

Increase in Black business ownership from pre-pandemic to to Q3 2021

\$164.75 BILLION

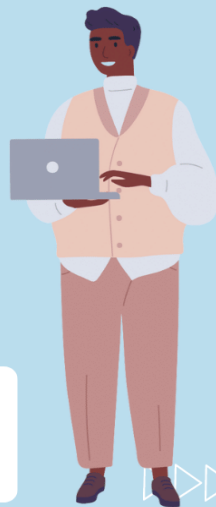
Total annual sales for Black-owned businesses in 2021

32 PERCENT

Of Black-owned businesses are in the healthcare industry

35 PERCENT

Of Black-owned businesses are owned by women



Thank You For Coming Out!



POP-UP RESOURCE FAIR

JOBS | FOOD | RESOURCES



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POP-UP RESOURCE FAIR

JOBS | FOOD | RESOURCES



Stop by to get a resource you or someone else may need!

- Employment opportunities
- Free groceries & food packages
- Home care & home health care info
- Other resources such as utility & financial support access and guidance





Your all-in-one personalized solution.

What is CAS Resources?

CAS has created a platform that connects community residents to resources and services that they may not have access to on their own.

How Can It Help You?

Utility Bills & Financial Support Access

Get help with living expenses. Government benefit programs can help people with a low income cover basic expenses like food, housing, and healthcare.

Food Fit Program (Food Security & Nutrition)

CAS assists with weekly local food distributions. We can also assist with government programs like SNAP, other food banks, community fridges, and other services that can supplement your sources of goods.

Community Outreach & Referral Services

CAS can immediately connect you to local services in your community whether they're vendors, city or state events/programs, our partner agencies and more.

And much more...!

Apply for FREE at
casresources.org/resource-center

Call us today at
215-831-8008



CAS Home Health Care, Inc is an equal opportunity employer, service provider, and organization.